

## **Jesus Come Between Me and Difficult Words, Images and Events of My Past Dec. 2023**

On a Saturday morning I received an urgent text message from a client saying they feared they were slipping back into depression and were overwhelmed. I shared Scripture not to be anxious but to pray, pray and give thanks then change their thinking (Philippians 4:6-8). I shared that God's burden is light and his yoke is easy and it never changes. The thing they are carrying is too hard and too heavy and must be deflected back to God (Matt 11:29-30). I also shared not to go off into tomorrow as this would be charging tomorrow's problems on today's grace. Matthew 6:34 tells us take no thought for tomorrow. There is only grace for one day at a time. I met with the client and asked where their thoughts had been focused most recently. They said on anger at God and for the childhood trauma. I had remembered praying with them through that childhood trauma months earlier and taking it to Jesus for healing. The client had involved a secular therapist and were going over all the trauma without the truth and power of God's Word. Misplaced anger at God was blocking their ability to hear His still small voice. According to scripture our battle is not against flesh and blood but against principalities and powers (2 Corinthians 10:3-7). We must remember we have authority over all the powers of darkness and they shall in no way harm us (Luke 10:17)

The question was asked why did God cause or allow these evil things to happen in my life. My short answer was, he doesn't. I helped them understand that before sin ever entered the world God gave men dominion over the fowl of the air, fish in the sea and everything living on earth. In that limited dominion God is the head and we are His hands and feet. We were given control over the earth, but not over the universe, not over all eternity, because that belongs to God. If we don't exercise our dominion, we will not see the change we desire. Don't blame things on God that are our inaction. I quickly reminded them of the need to invite Jesus and have Him bring complete peace back to each of those events. Then I had them admit anger and frustration towards God as being sin against Him, confessing that what they had believed about God does not align with his written Word. Then releasing everyone involved in the trauma through Biblical forgiveness. The reason I ask this question is because in Ephesians 4:26 we are told to be angry and sin not, do not let the sun go down on our wrath. I reminded them how often the sun goes down and said it's on its way down this morning, we must deal with this now or before the sun goes down this very day.

We must be aware that we have an enemy in satan who may try to get us to bring up that past problem again. We have the power by the Holy Spirit living in us to shut that thinking down. If we struggle with that, we can use the same technique we learned previously and bring Jesus in between us and the lying words of the enemy. And we then change our thinking by focusing on what the Word says to focus on:

"Do not be anxious about anything.

Instead, in every situation, through prayer and petition with thanksgiving, tell your requests to God. And the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is worthy of respect, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if something is excellent or praiseworthy, think about these things. And what you learned and received and heard and saw in me, do these things. And the God of peace will be with you." Philippians 4:6-9 NET

"Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."  
Matthew 11:29-30 NLT

“So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.” Matthew 6:34 NLT

“Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.” Luke 10:19 NKJV

“Be ye angry, and sin not: let not the sun go down upon your wrath.” Ephesians 4:26 KJV

“For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”  
2 Timothy 1:7 KJV

- Self hatred is holding yourself to a higher standard in forgiveness than God held you to or it is believing that your sin is so hideous that Jesus’ blood is not adequate to cover the hideousness and therefore you believe that it is humility to hold it against yourself when it is actually SIN against God.
- Remember, Jesus hurt with you through the childhood trauma he did not intend for you to suffer, by telling us not to eat of the fruit in the center of the garden. If you ask Him to, He will now come between you and the heard words, images, and events of past trauma, blocking those with himself. PTSD ENDED. Thank you, Jesus.
- Christ laid down his life to pay for your sin. You must die to self or lay down your life as you forgive those who have hurt you. It is truly a crisis of your will. To continue bitterness towards someone is holding that other person to a higher standard in forgiveness than God held you to, and therefore it becomes sin.
- The issue of forgiveness is not an issue between you and the one you are forgiving. It is actually an issue between you and God. It is sin. God didn’t become bitter at you for your sin. He quickly forgave you your entire debt with his own life. You must simply believe on Him, confess Him with your mouth as your Lord and believe in you heart that God raised him from the dead unto salvation.

“The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.” John 10:10 KJV

- The enemy, who is the father of lies, works to kill, steal, destroy, and accuse. He is the author of evil. God is the author of good, and they never trade places.
- Your prayers are powerful, because you have been given dominion to call the Kingdom of Heaven to earth all day every day .
- This is who you truly are in Christ Jesus! Anything you believe about yourself that does not agree with what the Bible says you are now in Christ Jesus is a lie. Renewing your mind with who the Bible says you are will replace the lies you believe about yourself!

Prayer.

Jesus, I have believed lies about myself for a long time. Lord, would you forgive me for not taking those thoughts captive as your Word commands. I now ask that you give me skill in replacing all the enemy’s lies I have believed with the truth. In the name of Jesus Christ, I pray.

From our family to yours Merry Christmas & Happy New Year.

Most kindly Bradley Reinke and Whole Families Ministry